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	145556	A. BUILDING _____ B. WING _____	08/09/2012

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WINNING WHEELS	701 EAST 3RD STREET PROPHETSTOWN, IL 61277

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F 456	Continued From page 17 The Physician Problem List dated 7/15/12 lists R5's diagnoses to include Venous Insufficiency, Left Hemiparesis, Traumatic Brain Injury, Spasticity, and Seizure Disorder. On 8/8/12 at 10:25 AM, E8 (Maintenance Staff) stated, "The staff should fill out a work order to let me know if there is a problem with the resident's wheelchair. I fix them as fast as I can. I try to thoroughtly inspect 10 wheelchairs per week to make sure they are in good condition. " 4. On 8-8-12 at 8:15 AM, R22 was leaving the main dining room in his motorized wheelchair. The left foot pedal of the wheelchair was facing outward from his chair, not under or supporting his foot. The padding of the foot rest was frayed and the plastic supports on the bottom and back of the pedal were broken. On 8-8-12 10:30 AM, E8 stated that he had not received any work order for R22's foot rest or pedal. E8 stated that he can order the part, but it has to be approved and may take a while for it to be replaced.	F 456		
F9999	FINAL OBSERVATIONS Licensure Violations: 300.610a) 300.1210d)5) 300.1220b)3 300.3240a) Section 300.610 Resident Care Policies a) The facility shall have written policies and procedures, governing all services provided by the facility which shall be formulated by a	F9999		

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F9999	Continued From page 18 Resident Care Policy Committee consisting of at least the administrator, the advisory physician or the medical advisory committee and representatives of nursing and other services in the facility. These policies shall be in compliance with the Act and all rules promulgated thereunder. These written policies shall be followed in operating the facility and shall be reviewed at least annually by this committee, as evidenced by written, signed and dated minutes of such a meeting. Section 300.1210 General Requirements for Nursing and Personal Care d) Pursuant to subsection (a), general nursing care shall include, at a minimum, the following and shall be practiced on a 24-hour, seven-day-a-week basis: 5) A regular program to prevent and treat pressure sores, heat rashes or other skin breakdown shall be practiced on a 24-hour, seven-day-a-week basis so that a resident who enters the facility without pressure sores does not develop pressure sores unless the individual's clinical condition demonstrates that the pressure sores were unavoidable. A resident having pressure sores shall receive treatment and services to promote healing, prevent infection, and prevent new pressure sores from developing. Section 300.1220 Supervision of Nursing Services b) The DON shall supervise and oversee the nursing services of the facility, including:	F9999		

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F9999	Continued From page 19 3) Developing an up-to-date resident care plan for each resident based on the resident's comprehensive assessment, individual needs and goals to be accomplished, physician's orders, and personal care and nursing needs. Personnel, representing other services such as nursing, activities, dietary, and such other modalities as are ordered by the physician, shall be involved in the preparation of the resident care plan. The plan shall be in writing and shall be reviewed and modified in keeping with the care needed as indicated by the resident's condition. The plan shall be reviewed at least every three months. Section 300.3240 Abuse and Neglect a) An owner, licensee, administrator, employee or agent of a facility shall not abuse or neglect a resident. These requirements are not met as evidenced by Based on Observation, Interview and Record Review the facility failed to identify a pressure ulcer on R7's right foot prior to it becoming a Stage III and failed to identify pressure ulcers for R1 and R2 before becoming stage II. The facility failed to provide pressure relief to the area after the pressure ulcer was identified. The facility failed to determine causative factors for R7, R1, R2 and R19's pressure ulcers and failed to provide preventative measures to prevent skin breakdown. These failures resulted in R7 developing a stage III pressure ulcer to his right foot.	F9999		

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F9999	Continued From page 20 This applies to 4 of 8 residents (R7, R1, R19, R2) reviewed for pressure ulcers in a sample of 13. The findings include: 1. The Physician's Order Sheet dated 8/2012 shows that R7 has diagnoses including traumatic Brain Injury, Schizophrenia and Contractures. R7's Norton Plus Pressure Ulcer Scale dated 8/1/12 shows that R7 scored a 10. (10 or less= High Risk) Nurse's Notes dated 7/26/12 states, "New treatment order: cleanse arch of right foot. Apply Therahoney Gel and cover with protective dressing." R7's Skin Issue Details Report dated 7/26/12 shows that the pressure ulcer on R7's right foot measured 3.5 x 4 x 0 cm. It is described as 50% beefy red, 50 % slough, edges macerated, small amount of serosanguinous (drainage), Stage III. No information is given regarding the causative factors of the pressure ulcer. On 8/7/12 at 9:00 AM, E3 (Treatment RN) stated, "The foot wound developed here. " On 8/7/12 at 1:45 PM, E3 was observed as she changed the dressing on R7's right foot. On the inner aspect of R7's right foot there was a quarter sized pressure area. The area was covered with a stringy white/yellow tissue (slough). No drainage was observed.	F9999		

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F9999	Continued From page 21 On 8/7/12 at 1:55 PM, E3 was asked how R7 got the wound on his right foot. E3 stated, "If I had to guess, if I had to be psychic, I would say it is from the way the shoe sits on the foot rest. The CNA found the wound and told me. We got the boot last week and it has helped because before that he was still wearing his shoe. It could be because he is so flat footed and there is an arch in the shoe." R7's Care plan dated 8/1/12 does not list any approaches to remove or reduce pressure from R7's right foot to prevent the pressure ulcer from getting worse or to prevent additional pressure ulcers from developing. The facility ' s Pressure Ulcer Prevention Program showed, " The facility will promote the prevention of pressure ulcer development.; Skin Care Protocol: Nurse aides and certified nurse aides are to notify the nurse of any changes of the skin while performing daily cares. The nurse will start a newly acquired skin care sheet. The sheet is turned in to the DON (Director of Nursing) for assessment and staging of the area. The DON or her designated appointee according to current staging guidelines will stage pressure ulcers. Weekly documentation to include ulcer location, stage, size, exudates amount, pain, wound bed characteristics and description of ulcer margins, surrounding skin, and odor noted.; Use proper positioning, turning, and transferring techniques to minimize skin injury due to friction and shear forces. " 2. The Physician Order sheet dated 8/1/12 lists R1's diagnoses as Closed Head Injury, Spasticity, Seizure Disorder, Dysphagia, and Severe	F9999		

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Dysarthria. The Minimum Data Set of 6/19/19 shows R1 is at risk for developing pressure ulcers.

On 8/7/12 at 2:30 PM, E3 (Treatment Nurse) was observed changing a wound dressing on R1's left hand over the first knuckle. E3 stated the pressure wound was caused by pressure from R1 pressing his hand against his bare skin on his abdomen. Both of R1's hands and arms were stiff and in severely contracted positions. E3 stated the CNA staff are to report any changes in a resident's skin and she will follow up with assessing the area.

The wound documentation for R1's left finger wound shows the ulcer was first identified on 8/1/12 and measured 1.0 cm x 0.5 cm, Stage II. The wound documentation on 8/2/12 measures the wound at 1.0 cm x 0.8 cm with slough over the wound bed.

On 8/7/12 at 2:40 PM, R1's left hand was observed lying on the plastic arm rest of the high back reclining wheelchair. R1's right arm and hand were very stiff and E3 was unable to open R1's hand. R1's fingers were contracted inward toward the palm of his hand. R1's left hand was lifted off the arm rest and on the top of the 2nd, 3rd and 4th fingers deep indentations were noted in the skin. Deep red circular areas were noted around the indentations. On the lateral wrist area, an indentation was also noted with a dark red circular area. The indentations and deep red circular areas on the right fingers and wrists had not resolved when re-examined 5 minutes later. E3 stated she was not aware of these areas, and stated a support surface under the hand would be

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definitely be helpful to alleviate the pressure. E3 stated thoroughly washing the inside of R1's right hand would help resolve the odor from the hand.

The Physician Order Sheet dated 8/1/12 shows a palm guard with finger tabs is to be used on R1's hand. Passive Range of Motion to all extremities are to be done twice a day. R1's care plan does not identify the risk factors for pressure to his hands and does not list preventative measures to prevent pressure to his hands and fingers.

On 8/6/12 at 2:50 PM, E11 (CNA) was asked for the whereabouts of R1's right hand splint. E11 stated she was not aware of any hand splints for R1.

The undated facility Pressure Ulcer Prevention Program states daily skin inspection of residents by CNA during cares, and to notify the nurse of any findings.

3. On 8/7/12 at 3:15 PM, R19 was observed sitting in a wheelchair with his left leg positioned on the leg and foot rest attached to the chair. R19 was unable to independently move his left arm or left leg. The left hand was lying on a padded arm cushion; a hand splint was not in place. R19's foot was strapped to the foot rest with a velcro strap. R19's knee and upper leg were pressed firmly into the upper part of the leg rest where it attaches to the chair. A sharp metal edge was noted between the leg rest and R19's skin. R19 stated, "I think there is a pad that should be there to prevent that from digging into the skin on my leg. I have very poor feeling in my leg and can't tell if the pad is in place. E7 (Restorative Nurse) was asked to check R19's

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leg placement. E7 lifted R19's leg and deep red skin indentations were noted on his knee and upper calf area.

The Care Plan dated 5/9/12 states R19 is at risk for skin breakdown due to Left Hemiparesis and Obesity. R19 is dependent of staff for transfers and requires extensive assist for bed mobility. The care plan shows on 6/13/12 a left resting hand splint to be used for R19. The care plan does not list interventions to alleviate pressure caused from the leg rest of the wheelchair.

4. On 8/7/12 at 9:25am R2 was observed sitting up in his wheelchair wearing tennis shoes with his feet on his foot rests. On 8/7/12 at 9:38am R2 was observed laying in bed with his heels touching the bed surface.
R2 ' s Nurse ' s Notes showed, " 1/2/12 - R2 has a blister on his right heel. New treatment to cleanse and apply skin prep and daily as needed until healed.; 5/25/12 - New order to apply skin prep to the blisters to right inner heel and arch of foot until healed.; 8/1/12 - New order: Apply skin prep to right great toe daily until healed. "
The Monthly Note for R2 dated 6/12/12 showed, " R2 has a potential for alteration in skin integrity related to decreased mobility. R2 has a history of skin alterations. R2 also has a blister to right inner heel and arch of right heel that we are putting skin prep on after cleansing. "
On 8/8/12 at 10:15am E3 (Treatment Nurse/Registered Nurse) stated, " R2 had a blister on the right great toe. Skin prep was applied to the blister to toughen it and prevent it from popping. I don ' t remember if I filled out any skin sheet assessments. I am not sure what stage pressure ulcer a blister is. I would have to

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F9999	Continued From page 25 go to E2 (Director of Nursing - DON) about that. I don ' t know what caused the blister to R2 ' s toe. " R2 ' s Care Plan dated 6/21/12 showed, " Document on all skin alterations, measurements, appearance and progress or lack of progress weekly. " R2 ' s Care Plan dated 6/21/12 showed no interventions for the prevention of pressure ulcers to R2 ' s feet. The facility ' s Pressure Ulcer Prevention Program showed, " Stage II: Partial thickness loss of dermis presenting as a shallow open ulcer with a red/pink wound bed, without slough. May also present as an intact or open/ruptured serum-filled blister. " The Physician Order Sheet (POS) dated 8/1/12 for R2 showed Diagnoses including Intracranial Injury, Traumatic Brain Injury, Tracheostomy and Flaccid Left Side. (B)	F9999		